Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BUTTERFLY MEN — Heat:3, starttime: 10:03

Heat: 3/5 Lane : 3 Athlete: VANSIELEGHEM KILLIAN — **Q-time: 00:56:27**

PB (25m pool): 00:56.10 Gent(Sint-Amandsberg) 11/11/2024 **PB (50m pool):** 00:56.90 **SB:** 00:57.42 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:26.15		00:56.10	
		00:26.15		*00:29.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN — Heat:3, starttime: 10:03

Heat: 3/5 Lane : 7 Athlete: DEVOS RHUNE — **Q-time: 00:57:94**

PB (25m pool): 00:57.94 Brugge 04/10/2026 **PB (50m pool):** 00:59.49 **SB:** 00:57.94 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:27.23		00:57.94	
		00:27.23		*00:30.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN — Heat:2, starttime: 10:17

Heat: 2/2 Lane : 7 Athlete: DEVOS RHUNE — **Q-time: 02:14:37**

PB (25m pool): 02:14.37 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 02:26.96 **SB:** 02:20.55 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.51		01:05.66		01:39.94		02:14.37
		00:31.51		*00:34.15*		*00:34.28*		*00:34.43*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 5: 100M BREASTSTROKE MEN — Heat:4, starttime: 10:37

Heat: 4/5 Lane : 1 Athlete: VANHOUTTE WARRE — **Q-time: 01:06:16**

PB (25m pool): 01:06.16 Gent 09/11/2025 **PB (50m pool):** 01:08.76 **SB:** 01:06.82 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:30.85		01:06.16	
	00:30.85		*00:35.31*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:2, starttime: 11:06

Heat: 2/6 Lane : 4 Athlete: VANHOUTTE WARRE — **Q-time: 00:24:70**

PB (25m pool): 00:24.70 Brugge 04/10/2026 **PB (50m pool):** 00:24.85 **SB:** 00:24.70 Brugge 04/10/2026

	25 M	50 M	
PB		00:24.70	
	00:24.70		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:3, starttime: 11:07

Heat: 3/6 Lane : 4 Athlete: DHEERE RéMI — **Q-time: 00:24:08**

PB (25m pool): 00:24.59 Brugge 04/10/2026 **PB (50m pool):** 00:25.01 **SB:** 00:24.59 Brugge 04/10/2026

	25 M	50 M	
PB		00:24.59	
	00:24.59		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:5, starttime: 11:09

Heat: 5/6 Lane : 3 Athlete: VANSIELEGHEM KILLIAN — **Q-time: 00:22:97**

PB (25m pool): 00:22.71 Gent(Sint-Amandsberg) 11/11/2024 **PB (50m pool):** 00:23.93 **SB:** 00:23.34 Brugge 04/10/2026

	25 M	50 M	
PB		00:22.71	
	00:22.71		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 11: 100M MEDLEY MEN **Heat:6, starttime: 11:25**

Heat: 6/6 Lane : 1 Athlete: VANHOUTTE WARRE **Q-time: 01:00:75**

PB (25m pool): 01:00.75 Diksmuide 28/12/2025 **PB (50m pool):** no time **SB:** 01:01.75 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:28.52		01:00.75	
		00:28.52		*00:32.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: